



ANNUAL REPORT 2020

MY PROJECT MINDING YOU
UNA KENNY

TABLE OF CONTENTS

Our Year at a glance	2
Message from Manager	2
Our Purpose.....	4
Achievements in 2020.....	6
How We Spend Our Money	7
Our Strategic aims & achievements	9
Our Team.....	20
Our Funders.....	Error! Bookmark not defined.
Directors' Report	24
Board Members 2020	24
Governance	24
Account Records	25
Going Concern.....	25
Disclosure of Information	25
Auditor.....	25
Risk Management	25
Vetting.....	26

OUR YEAR AT A GLANCE

MESSAGE FROM MANAGER

On 22 January 2020, the World Health Organization alerted the world to what had happened in Wuhan in China. Life as we knew it was about to change. As I write, in January 2021, Ireland is into yet another lockdown, still trying to deal with the increasing grip of the coronavirus pandemic. Whilst vaccination offers hope, it remains a very challenging time. The biggest concern for the organisation is the safety of our staff and the children, young people and families we support. I am very proud to report that the staff in My Project responded to the crisis in a positive, innovative and agile manner. We successfully delivered more of our services remotely and responded to the needs of the children, young people and families, by providing care packages and advice. As coordinated statutory and community responses appeared in the landscape we watched and listened to families and colleagues to see where we could best respond in keeping with our own skills, values and organisational goals. With this in mind we focused on engaging children, young people and families in activities, individual sessions and socially distanced walks.

We provided support to families who lacked the basics eg food. Given the unprecedented times we find ourselves in, it is hard to predict what lies ahead. Our focus continues to be on the community we support, and their changing needs. The lockdown and its impact necessitated a change in our way of working and the team responded to the challenge in an innovative and agile way. However, we know that nothing can replace face-to-face support for vulnerable children. We hope these services will resume as soon as it is possible to do so safely. Many of the families we support, who had been struggling before the crisis hit, turned to us for urgent assistance and we delivered. We delivered support virtually to parents struggling with home schooling, young children needing additional stimuli and activities, young people struggling with the lack of contact with peers and the need for social interaction and the increase in anxiety and the fear associated with the return to “normal life”. We will continue to respond to the needs of the community in a constructive and meaningful way in line with our objectives.

We have continued to build our digital capacity. This paid dividends when lockdown was first announced and we were required to work from home. We became more creative in supporting families using technology, digital means, increased outreach and other creative ways to engage clients. The team have been able to deliver a range of services using technology eg Zoom & Facetime, and young people continued to benefit from our mental health and wellbeing programmes.

We recognise that, after a period of lockdown, demand for our services are likely to increase as children and young people try to make sense of a very different world, taking into consideration also the disproportionate impact to children with economically deprived backgrounds. Our staff reported that children's anxieties increased due to heightened family tensions resulting in some children living in highly volatile situations. Many vulnerable children were hidden from professionals' view because of lockdown restrictions on home visits and clinic attendance.

We are proud of our achievements in 2020, against a background of significant challenges.

As we refresh our organisational strategy our focus will be on ensuring we deliver supports to the community we serve. This strategy will take cognisance of the impact of the pandemic and will be geared towards responding in innovative ways. Our mission to provide support in a caring, friendly and safe environment remains our core objective for the coming years.

Una Kenny

Manager

OUR PURPOSE

My Project Minding You (MYP) is a community-based service offering therapeutic based supports to targeted children, young people and families in the Monkstown Farm and surrounding areas. At MYP, we strive to make the lives of children, young people and their families better, focusing on those who have suffered due to the effect of social and economic disadvantage.

Those whose start in life is more difficult, need help and support to prevent their early childhood experience having a long-term negative impact. In MYP, we strongly believe in early intervention evidenced by our offering of therapeutic services to young children and adolescents as well as parenting programmes to enable the creation of secure foundations in early childhood which can have a long-term positive impact.

We understand that there are times in life when additional support is needed. Young people for example crave respect and need to have their voice heard. They need a place where someone is working to understand their feelings without judgment. At MYP we are committed to listening to each young person and understanding and responding to their individual needs. By adopting a collaborative approach, we can develop tailored responses to meet their needs thus achieving increased 'buy-in' from the adolescent. In the words of one young client who attended the service: "MYP is a place that helps you, that is fun and exciting and there are people here who are good to talk to".

MYP advocates for children and families through our collaboration and participation with the local Child and Young Person Service Committee (CYPSC) and the Prevention, Partnership and Family Support Services (PPFS). In addition to this, we are also a member of the Drug and Alcohol Task Force Sub Committee.

The team of Project Workers at MYP comprises professionals whose skills and qualifications include psychotherapy, play therapy, counselling, mediation and motivational interviewing.

Looking forward to 2021:

1. We will use our experience and knowledge to offer targeted supports to children and young people, constantly engaging in CPD to ensure that our knowledge is up to date and relevant.
2. We will expand our current range of supports and reach a greater number of clients thereby establishing MYP as the preferred support service for early intervention and prevention. We believe that to make a change in the lives of vulnerable children and young people, early intervention is an essential part of the work. We have a wide range of interventions and services available offering supports across the developmental spectrum.
3. We will nurture existing partnerships with like-minded organisations who share our goals and establish new relationships that will allow effective inter-agency collaboration and mutual advantage.

ACHIEVEMENTS IN 2020

89 Children, young people and parents accessed one to one support. Ranging from 12 to 48 sessions in the year.

15 Parents and babies engaged in the PEEP Programme. January to March in person. April - June via Zoom

Roots of empathy programme offered to 25 children in third class for three months.

Real U programme delivered to two groups of adolescents

12 young people engaged in the art project -during covid and 20 families provided with art supplies

15 Young people took part in our cooking group during covid

Sourced and delivered outdoor equipment to 5 young people and their families

Parenting support offered to many parents.

Supported 3 families to access computers

HOW MONEY WAS SPENT IN 2020

€271,210

Delivery of MYP's Services and Supports

This includes salaries, equipment and materials

€1,864

Supporting families during covid with activity packs and food

€32,781

Support Costs

This includes rent, IT, utilities, training, staff supports, rent, audit

VISION, MISSION AND VALUES

Our Vision

Our vision is for a community where children, young people and families can realise their full potential, are equipped to overcome personal challenges and have the opportunity to belong and contribute to a prosperous and inclusive society.

Our Mission

Our mission, through diverse programmes, is to encourage the formation of positive relationships, promote personal development and cultivate the emotional wellbeing of our clients, thereby enabling them to realise their full potential and enjoy a purposeful place in the community. This support is provided in a caring, friendly and safe environment.

Our Values

Respect for all service users and those in the wider community. This is our key value that guides everything that we do. Our services seek to empower individuals to enhance their lives while treating them with dignity at all times.

Integrity honesty and highest ethical behaviour and standards when we engage with our stakeholders in an open and transparent manner, respecting their privacy and observing complete confidentiality at all times.

Compassion striving to ensure that in all our interventions, we demonstrate empathy whilst listening in a non-judgemental way.

Collaboration cooperatively working in partnership with all stakeholders including families and support agencies to achieve positive outcomes for children and young people.

Advocacy supporting and encouraging children and young people to find and develop their own voice and open mind by seeking to understand their needs through clear and effective communication.

OUR STRATEGIC OBJECTIVES & ACHIEVEMENTS

The Project is guided by a Strategic Plan covering the period 2019-2022. This strategic plan sets out the direction and priorities over the three year period and comprises six key objectives.

Three of these objectives link directly to client work. Under each objective, we have a number of aims. 2020 was a year like no other and changes in how we delivered our service were based on best health and safety practices.

We believe that by fulfilling the following six strategic objectives we can deliver on our vision for My Project Minding You (MYP).

1. Enhance the quality and delivery of interventions to our target audience
2. Expand our current range of supports and reach a greater number of clients thereby establishing MYP as the preferred support service for early intervention and prevention.
3. Nurture existing partnerships with like-minded organisations who share our goals and establish new relationships that will allow effective inter-agency collaboration and mutual advantage.
4. Deliver a higher level of transparency in respect of the MYPs objectives, funding, governance and financial information, while always operating within budgetary restraints.
5. Achieve and maintain compliance with the Governance Code for Charities.
6. Implement robust reporting systems and measurement of client outcomes.

STRATEGIC OBJECTIVE 1: ENHANCE THE QUALITY AND DELIVERY OF INTERVENTIONS TO OUR TARGET AUDIENCE

Aims to achieve this objective:

- To continue to meet the needs of clients on an individual basis.
- To introduce tailor-made, bespoke programmes of work, suitable for individual clients working within a small group environment.
- To identify appropriate training courses for the staff of MYP, ensuring that they will be well versed in current developments and conversant in the most up to date and innovative methods of programme delivery.

Activities to achieve these Aims:

The supports offered by My project Minding You (MYP) during the year included:

- Individual Interventions
- Small Group interventions delivered remotely
- Parent Supports
- Roots of Empathy Programme
- First Friends /PEEP Programme
- Real U relationships group
- Staff Training

As an organisation, we have pulled together and reached out to all our clients, Either through group, text, zoom, phone call, and even old-fashioned penmanship. We try to mark life events such as births, deaths and birthdays. COVID 19 has made us all think outside the box and how best to support the clients we serve. We have contacted past clients who might not be linked in with another service to see how they were doing. Although not on our list, it is important to stay true to our ethos and the importance of practicing humanity. We hoped that knowing they were genuinely held in mind and thought about meant that they could reach out and access our services if they need them.

In such unprecedented times, everyone is having his or her difficulties. Some families found the constant presence of family members challenging, not being able to leave the house and the lack of routine extremely difficult. Others managed well as they do not want to engage with society and the pressure of perhaps having social workers, agency visits, schools, and routine has eased. Regardless of the current situation in the home, the epidemic has had both negative and positive implications for families. Some of the presenting concerns we saw in 2020 were related to the increase in alcohol consumption, domestic violence, the unfiltered knowledge children have about COVID -19 leading to anxiety, negative use of social media, bereavement, and poor mental and physical health. On the other hand, some of the positives were more quality family time, reduction in school-related anxiety, parents talking to their children more and less use of computer games (no longer a novelty).

Individual Intervention

In MYP, we specialised in therapeutic interventions, based in attachment theory, creative therapies, neuroscience and psychotherapy. Before assessing the needs of a child or young person, we request a Parent Information & Support Meeting.

Responding to mental health issues, emotional wellbeing, and aggression in the home we engaged with clients in person in open spaces, maintaining social distancing.

A total of 89 children, young people and parents accessed individual supports.

Small Groups

The team also set up a weekly sensory-based activity for some of the young children via Zoom. Two staff members Laura and Marie facilitate this group. Participants were provided with the materials needed to participate and each week the young children experienced familiar games, which they know and love, and new challenges to keep them learning. Activities were simple and were based around emotional and sensory regulation.

Many of the children we contacted admitted to spending large amounts of time on social media, computer games, and engaging in little else. As a team, we

understand that although these can be healthy activities, they can also contribute to feelings of despair, anxiety, and cause aggressive behaviour.

With this in mind, we decided to set up a baking group aka The Corona Cookery Challenge! The idea was based on the belief that if we could interrupt their day with a core activity combined with an informal 'chat' then they might see the benefit of engaging in real activities rather than virtual ones. Jane championed and co-ordinated the weekly baking challenge while other team members engaged with their clients to offer encouragement and support. Staff and children took pictures of their baking 'show stoppers' and Jane circulated them among the group. Eoin, who had no previous baking experience, provided much entertainment to the young people and their parents. The group was a huge success, with feedback from one teacher confirming that the family loved the activity and looked forward to receiving the recipe. Young people spent more time with their parents in an attempt to make the best cake. Some healthy competitiveness emerged. The 'live' aspect of the activity facilitated open communication by phone calls, texts and pictures in real time between the young people and their key-workers. The task afforded a connectedness where relationships were maintained and kept active should other issues arise for the young person or their family.

Due to the success of the baking group, an art group was developed and set up by Eoin. It took inspiration from Campbell's *The Hero's Journey*, which is an all-embracing metaphor for the deep inner journey of transformation that heroes in every time and place seem to share, a path that leads them through great movements of separation, descent, ordeal, and return. From such lofty ideas, Eoin had devised a fun, accessible project for young people, which received good feedback from parents, and young people as well as interesting artwork. To start, the young people were provided with a task and a narrative to identify three characters and traits they like. Every few weeks a new task was sent out. Art allowed the young people to express themselves and encouraged them to create a story using their imagination, emotions, understanding, and literacy. There was a very positive response from the participants and their parents who reported that doing the art helped reduce the aggression and tension in the home.

As the weather improved and the need for movement became increasingly evident about the community, Marie devised a series of fitness challenges. The tasks were fun, multi-optional and designed to suit all ages and levels of fitness. Each client maintained a record of their activities and all were contacted to encourage participation and to acknowledge their achievements.

All of these initiatives were supported in a practical way by the team with baking ingredients, kitchen equipment, art packs etc provided to families that otherwise would not have been able to engage in the process.

The feedback overall was very positive and is a huge endorsement of the innovative ideas put into practice by the team.

First Friends:

The weekly First Friend's group, usually delivered in collaboration with Barnardos, also went online. Laura (MYP) and Jane (Barnardos) set up the parent and baby group using the Zoom tool. The format of the programme was broadly adhered to and the group went well and parents tuned in to participate. This familiar and engaging early education and support intervention promotes parental competence and confidence.

Roots of Empathy

The Roots of Empathy programme is an evidence-based classroom program with proven positive outcomes in reducing levels of aggression among schoolchildren while raising social/emotional competence and increasing empathy. The programme was delivered in the first quarter of 2020 by Laura Mc Mahon to 3rd class children in the Holy Family Ns, a DEIS band 1 school. We hope to be able to resume this group in 2021.

Real U Programme

This is a high quality, comprehensive programme that is aimed at young people aged between 12-18 years in a group work setting. The programme combines a personal development element and a sex education module. . It aims to equip young people with the skills, knowledge, and confidence to develop healthy

relationships, make responsible decisions in relation to their sexual health and ultimately delay the onset of early sexual activity. In March 2020, Marie and Jane started the programme with eight first year girl's in St Laurence's Secondary School. The programme commenced but was paused due to Covid.

Parent Support

During 2020, we supported parents by listening to the challenges they were facing and providing some advice and guidance. On occasions, the listening ear was all that was needed. Covid raised new challenges working together and trying to support children with homework.

Food Packages

During the pandemic, food poverty was highlighted. Luckily, most of our families managed well and were receiving supports from local schools and other agencies. However some who are not linked with the school system where really struggling. Through the help of Barnardos and the DLRCOCO grant we have were able to provide food to the most needy families.

STRATEGIC OBJECTIVE 2: EXPAND OUR CURRENT RANGE OF SUPPORTS AND REACH A GREATER NUMBER OF CLIENTS THEREBY ESTABLISHING MYP AS THE PREFERRED SUPPORT SERVICE FOR EARLY INTERVENTION AND PREVENTION.

Aims to achieve this objective:

- To increase the range of *evidence based* programmes
- To deliver additional group based interventions
- To explore the possibility of introducing a new programme, based on the needs of our clients and the changing environment.
- To deliver more ‘Meitheal’ programmes, which were introduced by Tusla, to provide a framework for prevention, partnership and family support service provision. ‘Meitheal’ forms part of the *National Service Delivery Framework* for the Child and Family Agency.

Activities to achieve these Aims:

Due to the pandemic restrictions imposed on the Project we were prevented from expanding the range of evidence based programmes on offer.

As an alternative we did develop innovative and engaging tailored programmes - the details of which are outlined above.

During the pandemic, we worked with three families through the **Meitheal** process. Meitheal is a national practice model that enables the needs and strengths of children and their families to be properly identified and understood. Due to social distancing, many of these meetings were facilitated online. As not all the families we work with have access to computers and or the internet, in a safe controlled environment Eoin and Una supported families by facilitating the meetings and linking them with the other professionals via zoom.

STRATEGIC OBJECTIVE 3: NURTURE EXISTING PARTNERSHIPS WITH LIKE-MINDED ORGANISATIONS WHO SHARE OUR GOALS AND ESTABLISH NEW RELATIONSHIPS THAT WILL ALLOW EFFECTIVE INTER-AGENCY COLLABORATION AND MUTUAL ADVANTAGE

Aims to achieve this objective:

- To proactively work with sister agencies and organisations to share our experiences and deliver supports.
- To collaborate on programmes designed to address substance misuse in youths and adolescents.
- To jointly focus on early intervention and prevention in the area of infant mental health.
- To use our partnerships to strengthen our advocacy for programmes where the need is greatest, for example single parents.

Activities to achieve these Aims:

Inter-agency and stakeholder meetings and sub-committee groups continued with the use of Zoom and Microsoft teams. These provided an essential forum for connecting with local family support groups and the drug treatment services during these changing times. As an organisation, we have always collaborated with other agencies.

Dun Laoghaire Rathdown County Council set up a phone line to support the most vulnerable in the area called community call. They felt that those availing of the services were mainly the elderly, and wanted to understand the needs of more vulnerable children and families. A sub-group chaired by Cormac Shaw and Kevin Webster was set up, to discuss needs and inform the council on interventions and gaps. This meeting took place every two weeks.

Tulsa hub manager meetings, under the Partnership, Participation Support Network continued, in addition to the larger PPSN meetings. All family services reported similar needs and concerns.

The Child and Young Person Services Committee set up two dedicated forums during the year; a mental health subcommittee and a Young Person engagement committee.

The meetings provided MYP an opportunity to convey our observations and experiences of the impact of anxiety and stress on our community. Through collaborating ideas, observations and findings, the combined responses of the various Family Support services became more streamlined and focused, thereby reducing overlap and duplication.

The youth engagement support element of the CYPSC worked on a website called 'LetsTalkDLR'. All services in the area provided information on their services and a short video explaining the offering thus allowing all service information to be on one site so that the young people can access it.

Click this link to view My Project Minding You contribution

<https://www.letstalkdlr.ie/services/my-project-mind-you/>

The Drug and Alcohol Task Force, treatment, and rehab subgroup also continued to meet. MYP remains an active contributor to this subgroup providing valuable feedback and first-hand knowledge of substance use and its impacts.

We continued to co-deliver our First Friends group with Barnardos.

In addition, we participated on an interagency forum on infant mental health and the emerging needs of families.

STRATEGIC OBJECTIVE 4: DELIVER A HIGHER LEVEL OF TRANSPARENCY IN RESPECT OF THE MYP OBJECTIVES, FUNDING, GOVERNANCE AND FINANCIAL INFORMATION, WHILE ALWAYS OPERATING WITHIN BUDGETARY RESTRAINTS

Aims to achieve this objective:

- To establish an on-line presence through which the goals, structure and financial information of MYP can be communicated to its stakeholders and the public at large
- To adhere to the Statement of recommended Practice (SORP) for Charities, for the preparation and reporting of our annual accounts.

Activities to achieve these aims:

In 2019 we launched our website that details the supports we offer to the community.

The website provides contact details and allows for an online automated enquiry to be processed.

Due to constraints in resources in 2020 we have not been in a position to update and improve the site. It is our intention to invest in technical support in 2021 to ensure we upgrade the website and enhance the availability of information for all our stakeholders, including Financial Reports and Governance initiatives.

STRATEGIC OBJECTIVE 5: ACHIEVE AND MAINTAIN COMPLIANCE WITH THE GOVERNANCE CODE FOR CHARITIES

Activities to achieve this objective:

- We are making steady progress towards achieving compliance with the Code of Governance and our aim is to achieve full compliance with the Code in line with the Charity Regulator guidelines.
- We have commenced a programme of reviewing our policies and procedures to ensure we have a robust process for keeping these documents current.
- The board have discussed SORP accounts with our auditor and we continue to work towards producing SORP accounts in line with the Charity Regulators guidelines.

STRATEGIC OBJECTIVE 6: IMPLEMENT ROBUST REPORTING SYSTEMS AND MEASUREMENT OF CLIENT OUTCOMES

Aims to achieve this objective:

- To research options for improving our current measurement tools to provide us with better quality feedback and data on client outcomes.
- To enhance our IT systems (including Salesforce) to provide us with quality reports to support our returns to Funders.

Activities to achieve these aims:

In 2020, we engaged with salesforce to update our electronic recording system to ensure we had the most up to date version. We will continue to seek professional support for the organisation to ensure it is equipped to gather data and produce reports. It has been a challenge to identify appropriate IT consultants who understand our services needs and how best to adapt salesforce.

We have researched evaluation tools such as the adverse childhood experience scale, Strengths Difficult Questionnaire, which we have trialled. Both were helpful guides but are subjective. Other tools reviewed by the MYP include the Parent Sense of Competence Scale, Parents Stress Scale and the Marschak Interaction Method. Following additional training in 2020, we have used the happiness scale and the wheel of change. All of the tools are helpful, depending on the intervention offered and therefore further research is needed to create a suite of appropriate evaluation tools.

OUR TEAM

Key to the success of the MYP are the people who work there.

We recruit talented people and nurture their individual skills and attributes. Our team brings with them a wealth of skills, experience, and qualifications in a variety of disciplines including social science, psychology, psychotherapy, early childhood development, play therapy, community development, education/training and administration. At the end of 2020, we had 6 staff.

Staff Team

Una Kenny - Manager

Clare Shine - Administrator

Laura Mc Mahon - Project Worker

Eoin Mc Nulty - Project Worker

Jane O'Doherty - Project Worker

Marie Sheridan - Project Worker

We value our team's feedback and opinions and we have a robust communication process with regular team meetings and supervision.

Our aim is to invest in continuous professional development. This ensures that we are well equipped to deliver quality supports to our client base.

During 2020 MYP supported training in:

- Circles of Security
- Body Right
- Real U
- Adolescents Community Reinforcement Approach
- Odyssey Parenting Your Teen
- Support to engage hard to reach teenagers
- PEEP Programme
- Mindfulness, wellbeing and CBT
- Motivational Interviewing

The health and wellbeing of the team is essential and in 2020, the need for supports and team building was more apparent than ever before. Before we entered into lock down we held a team breakfast and planning day, followed by a yoga session with experienced yoga teacher Orla Fitzgerald, this was a lovely relaxing day and provided the team with an opportunity to experience a new way of unwinding. Throughout the year, we went on walks in the locality and used the time to process the constant changing environment. Towards the end of the year, we had another yoga session which was a fun class exploring our ability to do handstands.

Covid has impacted on everyone's life. It has changed family dynamics and affected how we work. The MYP recognised that the pandemic had the potential to impact on the team's wellbeing and mental health and this was why during 2020, the team was offered the option to avail of therapeutic supports.

OUR FUNDERS

Tusla and the HSE through Dun Laoghaire Drug and Alcohol Task Force fund the MYP. We also receive grants from Pobal through the Healthy Ireland scheme and Dun Laoghaire County Council Grant scheme.

Our Tusla funding is part of the Prevention Partnership Family Support model. The Prevention, Partnership and Family Support (PPFS) Programme is a comprehensive programme of early intervention and preventative work. The aim of the programme is to prevent risks to children and young people arising or escalating through building sustainable intellectual capacity and manpower within Tusla and partner organisations to perform early intervention work.

Our funding from the HSE, through the DATF facilitates the project to provide evidence-based interventions to support and build family relationships where children have been impacted by parental drug or alcohol use. In addition this funding supports a range of early interventions for young people who show specific risks of substance misuse.

Our grant funding from Pobal allowed us to invest in upskilling the team and providing evidence informed interventions and early intervention.

DLRCOCO provided grants to adapt the service and operations to fit the new Covid 19 reality. We availed of this support to invest in changes to our work environment to adapt our office space to allow for social distancing, invest in detailed signage and hand sanitizing points,

This funding also allowed us to become involved in the Government's "Keep Well" campaign by assisting clients to stay connected, switching off and being creative and minding their mood.

We are extremely grateful to all our funders; without their support we could not continue the vitally important work we do.

DIRECTORS' REPORT

My Project Minding You (MYP) is a company limited by guarantee and has charitable status. It does not have a share capital and it is governed by a Constitution.

MYP is overseen by a Board and the Directors, who are non-executive, represent a diverse range of relevant experience. The Board held 6 meetings during 2020.

The Board delegated the day - to -day management of the MYP to the Manager and team, which comprises of the Manager, Administration support and four Project Workers.

No member of the Board received payment or reimbursement of expenses for 2020.

We thank all members of the board for giving of their time and expertise to guide the project in all matters of oversight, governance, finance and strategy. We appreciate their input and advice and look forward to their continued support and stewardship.

BOARD MEMBERS 2020

The Board of Directors during 2020 were:

Allen Kiernan - Chairperson

Nicola Coyle- Company Secretary

Maheshwari Arun - Director (resigned 1 September 2020)

Karen Gallagher - Director

Maureen Carolan - Director

GOVERNANCE

My Project Minding You continued to make progress in meeting the standards as defined in the Charities Governance Code. The Management Team and Board put in significant work during 2020 to ensure we will meet the necessary timelines.

ACCOUNT RECORDS

The Board of Management confirms that the accounting records of MYP comply with the requirements of the Companies Act 2014.

A comprehensive financial controls policy is adhered to, and detailed finance reports are prepared and circulated to the Board throughout the year.

Annual audited accounts are prepared and filed with the Companies Registration Office.

GOING CONCERN

Based on the results for the year, the year-end position and the approved 2021 budget, the Board of Directors believes that the charity has adequate resources to continue in operational existence for the foreseeable future.

POLITICAL CONTRIBUTIONS

There were no political contributions in 2020 and, as a result, no disclosures are required under the Electoral Act.

DISCLOSURE OF INFORMATION

The directors who held office at the date of approval of this Directors' Report confirm that as far as they are each aware, there is no relevant audit information of which the Company's auditor is unaware and each director has taken all the steps that he/she ought to have taken as a director to make himself/herself aware of any relevant audit information and to establish that the Company's auditor is aware of that information.

AUDITOR

Bourke & Co (Greg O'Shea), Chartered Accountants have expressed their willingness to remain in office.

RISK MANAGEMENT

My project Minding You (MYP) work with children, young people and families who experience the effects of disadvantage. The nature of the work means that they take on a medium to a high level of risk in their core activity. The services have limited funding sources and rely on two main funders, raising the financial risk. A

Risk Register is compiled on a monthly basis (or as need arises) and is reported to the board. Steps are implemented to reduce identified risks.

Additionally in 2020, like all organisations, MYP had the additional risk of protecting their staff and clients in line with the Government restrictions and regulations in respect of Covid 19. These were documented and adhered to.

VETTING

All staff and Volunteers are Garda vetted. My project Minding You (MYP) has a Child Protection Policy based on the Children First Act 2015 and pursues best practice recruitment policies and procedures.